

»» **Department of Commerce-Cooperation
Celebrating International
Co-operative Day 2025-Essay
Writing Competition**

The Department of Commerce organized an Essay Writing Competition as part of the Celebration of International Co-operative Day 2025. The event aimed to promote awareness about the relevance of co-operative societies and their role in women's empowerment in Kerala. The competition was held on 14 November 2025 at the Examination Hall. The topic was "Role of Co-operative Societies in the Empowerment of Women in Kerala." Students actively participated in the programme, showcasing their understanding and perspectives on how co-operative societies contribute to economic independence, social upliftment, and community development among women. Ms. Shahina K K, VI Semester B.A. English, secured the first prize in the competition. The programme was coordinated by Ms. Haseena Jasmine C K, Assistant Professor of Commerce, and Ms. Shyma Sherin T P, a 5th Semester B.Com Co-operation student who served as the Student Coordinator.



Invited Talk on "Intellectual Property Laws in India"

The Department of Commerce, in association with the Institution Innovation Council (IIC), KAHM Unity Women's College, Manjeri, organised an invited talk on "Intellectual Property Laws in India" on 21 November 2025. The programme aimed to enhance students' understanding of Intellectual Property Rights (IPR) and the legal mechanisms that protect innovation and creativity. The function began with a welcome address by Mrs. Haseena Jasmine C. K., Assistant Professor of Commerce. The session was formally inaugurated by Mrs. Fathima Shajitha, Head and Associate Professor, Department of Commerce, who emphasised the importance of familiarising students with emerging legal aspects related to intellectual property. Ms. Saniya Puthusseri, Fourth Semester B.Com Co-operation, rendered the vote of thanks. The invited talk was delivered by Adv. Abdurahman Karatt, President, Block Panchayath, Malappuram, and Lecturer in Law, KAHM Unity Women's College, Manjeri. He provided deep insights into various categories of intellectual property, including patents, trademarks, copyrights, geographical indications, industrial designs, and trade secrets. The event was coordinated by Mrs. Haseena Jasmine C. K. (Faculty Coordinator) and Ms. Saniya Puthusseri (Student Coordinator). The invited talk proved highly informative and enriching for the students.





Department of Botany

Nature to fabric: Eco-printing hands-on training

The PG and Research Department of Botany, in association with the Biodiversity Club, organized a Hands-on Training in Eco-printing for the fourth and sixth semester B.Sc. Botany (Honours) students on 21 November 2025 at Botany lab. The programme designed to integrate biodiversity awareness with botanical science by introducing students to the sustainable art of eco-printing while highlighting the biological and ecological significance of plant materials used in the process. The session began with an introduction to eco-printing as an eco-friendly technique that utilizes the natural pigments found in leaves and other plant parts. Students learned how plant diversity, pigment variability, leaf anatomy, and phytochemical composition influence the outcomes of natural dye extraction and print formation. This foundation helped them appreciate both the ecological relevance of using plant-based materials and the scientific principles that govern pigment release. Throughout the training, students were guided through essential stages of the eco-printing process including plant material selection, arrangement of leaves, bundling techniques, steaming and fixation of natural dyes. As they worked with different species, students observed how variations in plant morphology, vein patterning, cuticle thickness and metabolite content contributed to distinctive print characteristics. This hands-on experience strengthened their understanding of plant anatomy, secondary metabolites such as tannins and flavonoids, and their role in natural dyeing. From a biodiversity perspective, the activity encouraged students to explore and recognize the richness of local flora, reinforcing the importance of conserving plant diversity and promoting nature-based alternatives to synthetic dyes. The training also inspired a deeper appreciation for sustainable craft practices that minimize environmental impact. All students actively participated in the session, and their curiosity and engagement ensured that the learning objectives - both botanical and ecological - were fully achieved. The programme effectively coordinated by Dr. Deepa P. and Ms. Fathima Anafila A.T. (Fourth Semester B.Sc. Botany (Honours)), whose guidance facilitated smooth execution and supported students in confidently applying eco-printing techniques.



Scientific Exploration of the Calicut University Botanical Garden Exhibition

PG and Research Department of Botany, KAHM Unity Women's College, Manjeri, conducted an educational visit to the Calicut University Botanical Garden Exhibition on 28th November 2025, as part of its experiential learning initiatives in plant sciences. The visit was designed to enhance student's understanding of plant diversity, conservation biology and the ecological relevance of various taxonomic groups. A total of 80 students from the Second and Sixth Semester B.Sc. Botany and Third Semester M.Sc. Botany programmes participated in the field visit. During the programme, students explored multiple specialized sections of the botanical garden including the Ginger Villa, Cacti & Succulent House, Fern House, Medicinal Plant House, Aquatic Plants Collection, Epiphytes, Bamboosetum and the Jungle Path. Each section represented distinct ecological niches and adaptive strategies, offering students an opportunity to study diverse plant groups in controlled and semi-natural habitats. The visit enabled students to closely examine major plant groups such as gymnosperms, pteridophytes, bryophytes, epiphytes, aquatic plants and various angiosperms. Through systematic observation, students documented morphological characters, structural adaptations and ecological interactions, thereby deepening their understanding of plant taxonomy, evolutionary relationships and habitat-specific adaptations. The conserved collections also highlighted the significance of protecting rare, endemic and threatened species, reinforcing the role of botanical gardens in plant conservation and ex situ preservation. The educational visit substantially enhanced student's practical competencies in botany. It provided an effective platform for integrating theoretical knowledge with real-world observations, fostering scientific curiosity and encouraging further exploration in biodiversity conservation and ecological research. The programme successfully achieved its learning objectives and contributed to strengthening field-based botanical education.



Seminar on Intellectual Property Rights

The department of Botany, in collaboration with the Intellectual Property Rights Information Centre-Kerala (IPRIC-K), KSCSTE, organized a Seminar on Intellectual Property Rights on 27 November 2025 at Aryabhatta Hall. The programme began with a formal inaugural session graced by the presence of Principal Prof. Muhammad Basheer Ummathur, who officially inaugurated the seminar and highlighted the relevance of IPR awareness in the academic and research community. The technical sessions commenced with Dr. Lawwellman, Associate Professor, Government Law College, Kozhikode, who served as the first resource person. His session provided an in-depth understanding of the legal foundations of Intellectual Property Rights, covering patents, copyrights, trademarks, and related legislation. He emphasized the need for researchers, innovators, and students to be aware of the legal protection mechanisms available for safeguarding their intellectual contributions. The second session was handled by Adv. Febin James, Advocate and Partner, M/s Legalites IP Services, Thrissur. His talk focused on the practical aspects of filing and processing patent applications, common errors made by applicants, and the role of legal expertise in navigating intellectual property procedures. His examples and case studies helped the participants gain clarity on real-world applications of IPR. The third technical session was led by Ms. Chaithanya P.C., Project Scientist-I, Patent Information Centre-Kerala, KSCSTE. She discussed the various IPR support systems and facilities offered by KSCSTE for students, faculty, and innovators in Kerala. Her session also introduced participants to patent search tools, funding schemes, and the significance of documenting innovations systematically. As part of the programme, a felicitation was offered by Dr. Hussain K., Associate Professor, Department of Botany. He highlighted the importance of integrating IPR awareness into higher education and appreciated the efforts of the organizers for conducting such a meaningful academic event. His remarks encouraged students to think creatively and consider the value of protecting their original work. The seminar was coordinated by Dr. Faseela P., Assistant Professor, Department of Botany and Shuhaila M, 3rd Sem MSc Botany. The sessions were well received by students, researchers, and faculty members, who actively participated in the discussions. The programme concluded with an interactive Q&A and a vote of thanks, marking the seminar as an enriching academic experience.



Department of Chemistry

Assessment of Quality Parameters of Water Samples from Narukara Village

The Innovation & Incubation Centre of the PG and Research Department of Chemistry, KAHM Unity Women's College, Manjeri, conducted an extension activity to assess water quality in Narukara Village. Samples from Veemboor, Pattarkulam, Alukkal, Mariyad, Koodakkara, and Pullara were analyzed on 26–27 November 2025 for pH, total hardness, calcium and magnesium hardness, fluoride, chloride, ammonium, residual chlorine, and nitrate. The programme promoted public awareness on water quality and provided students with valuable practical experience.





Department of Malayalam

Kerala Piravi Quiz Competition 2025

As part of the Kerala Piravi Day celebrations (November 1-3, 2025), the Department of Malayalam successfully organized an inter-departmental quiz competition centred on Kerala's history, culture, literature, and heritage. The event witnessed enthusiastic participation from students across various departments and proved to be both informative and inspiring. The keynote address and prize distribution were gracefully performed by Arifa Beegum ,(Assistant Professor ,Department of Malayalam)



Department of Computer Science

Industrial Talk on “Data Science Life Cycle & Industrial Practices”

The PG Department of Computer Science organized a talk on “Data Science Life Cycle & Industrial Practices”, in collaboration with Expertzlab Technologies Pvt. Ltd. The programme was conducted at Aryabhatta Hall with the active participation of around 80 students. The session began at 2:00 PM with an introductory note by Dr. Haris U, Head of the Department, setting the context for the industry-academia interaction. Mr. Gireesh Babu K S, Senior Architect, Bovlabs USA & MD, Expertzlab Technologies Pvt. Ltd., delivered the keynote address, highlighting the expanding scope of the data science industry and the increasing need for competent professionals capable of tackling complex data-driven challenges. Industry expert Mr. Ansel Janson led an engaging technical session, offering a comprehensive walkthrough of the data science life cycle – from data collection to deployment – supported by real-time case studies and industrial tools. The interactive discussion that followed enabled students to explore various career pathways and gain clarity on essential technical competencies. The programme concluded with a Vote of Thanks delivered by Ms. Busthana Yasmin MT (4th Semester MSc. CS), Student Coordinator, expressing gratitude to the resource persons, participants and organizers.





Department of English

English Association Programme - Spell Bee

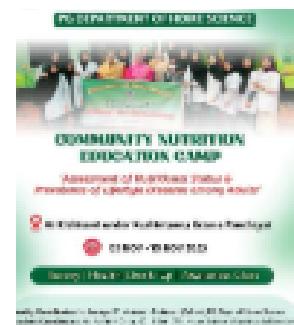
The Department of English, KAHM Unity Women's College, organised an Association Hour Programme on December 4 at 2:50 PM in Room F 201. As part of the session, a Spell Bee Activity was conducted for the entire English Department students with the objective of enhancing spelling proficiency, enriching vocabulary, and fostering confidence in the use of English. The programme commenced with a formal welcome address, followed by the smooth coordination of the session by the anchor. The activity involved two word announcers who presented the spelling words clearly and effectively. A panel of judges evaluated the participants and ensured fairness and accuracy throughout the event. Students from all classes of the department participated actively, creating an engaging and academically stimulating atmosphere. The activity enabled students to assess their spelling skills, encouraged healthy participation, and added an interactive element to the Association Hour. The session concluded with a Vote of Thanks, expressing gratitude to the department, faculty members, the Association, and the students for their cooperation and enthusiastic participation. The event was systematically coordinated ensuring its successful execution.



Department of Home Science

Community Nutrition Education Camp at Kizhisseri

The PG Department of Home Science conducted a Community Nutrition Education Camp as part of the 3rd Semester MSc Home Science (Nutrition & Dietetics) curriculum from 3rd to 10th November 2025 at Kizhisseri under Kuzhimanna Grama Panchayat. The camp focused on the topic "Assessment of Nutritional Status and Prevalence of Lifestyle Diseases among Adults." A total of 100 adults were assessed through anthropometric, biochemical, clinical, and dietary evaluations to understand their nutritional status and related health concerns. The objectives of the camp included assessing the nutritional status of adults, identifying the prevalence of lifestyle diseases such as diabetes, hypertension, obesity, and cholesterol issues, analysing dietary habits, and understanding socio-economic and environmental factors influencing health. Students carried out the household survey, and the health check-up was conducted in collaboration with the Public Health Centres (PHCs) under Kuzhimanna Grama Panchayat. Key findings showed that while half of the adults had a normal BMI, a considerable proportion were overweight or obese. Dietary assessment also indicated low intake of green leafy vegetables, fruits, and milk products, along with irregular meal patterns, highlighting the need for better dietary practices in the community. The camp was wound up with a nutrition education session conducted by the students, focusing on healthy diet practices, lifestyle modification and awareness of commonly observed lifestyle diseases. A total of 12 third-semester MSc Home Science (Nutrition & Dietetics) students actively participated in the camp. Also, the first-semester MSc Home Science (Nutrition & Dietetics) students and faculty members took part in the nutrition education session. The programme was coordinated by Lt. Loosiya K.P., Assistant Professor (Adhoc), and Ms. Fathima Dilraz. K.C., student coordinator.



Session on Management of Diabetes

The PG Department of Home Science, in collaboration with Korambayil Hospital & Diagnostic Centre, Manjeri, organized a session on “Management of Diabetes” on 13th November 2025 at Ellen Hall in connection with World Diabetes Day. The programme aimed to create awareness about diabetes and highlight the importance of diet and lifestyle in its prevention and management. The programme started with a welcome address by the coordinator, Dr. N.V. Fatimathu Zuhara, Assistant Professor and Head, PG Department of Home Science. After an introductory speech by Ms. Reshma C, Infection Control Nurse, an informative talk on “Management of Diabetes” was delivered by the Dietitian, Ms. Jasna Jabbar. She discussed the healthy eating habits, lifestyle modifications, and preventive measures to manage diabetes effectively. During the interactive session, students clarified their doubts on the practical aspects of diabetes care and shared feedback. Mr. Jyothish A, Quality Manager, Ms. Aparna, Dietitian and Mr. Pranav Sankar, PRO, Korambayil Hospital were also present during the event. At the end of the session, a video was played featuring Dr. Johny Cheriyen N, Consultant Physician, delivering an insightful message on diabetes awareness and healthy living. The session concluded with a vote of thanks delivered by Ms. Muhsina, III Sem MSc Home Science (Nutrition & Dietetics). The student coordinator, Ms. Fathima Henna Palliyan, III Sem MSc Home Science (Nutrition & Dietetics) anchored the event. The programme helped students to gain valuable information about diabetes management and encouraged them to promote healthy living in the community.



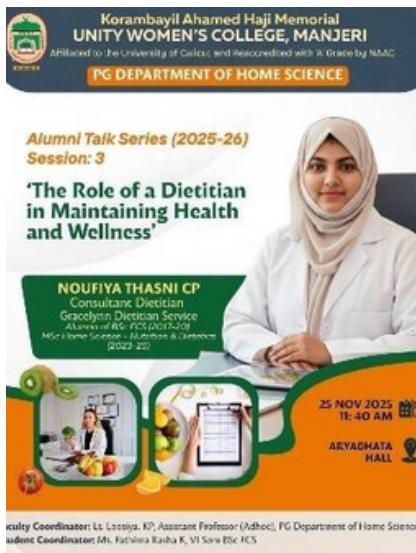
Diabetes Check-up Camp and Counselling Session

The PG Department of Home Science of KAHM Unity Women's College, Manjeri observed World Diabetes Day on 14 November 2025 by organizing a ‘Diabetes Check-up Camp and Counselling Session’ in front of the Administrative Block. The programme was conducted from 12.30 pm to 2.00 pm with the objective of spreading awareness about diabetes, encouraging early detection, and promoting healthy lifestyle and dietary practices among the teaching and non-teaching staff of the college. A free Random Blood Glucose test was conducted for all staff members using a glucometer. Along with the testing, students provided brief counselling on diabetes symptoms, risk factors, preventive dietary measures, and the importance of regular physical activity. A total of 25 staff members participated in the check-up camp. The seven participants (≥ 200 mg/dl) were self-reported diabetic patients, showing they have poor control of diabetes. This indicates the chances of impaired glucose tolerance. This distribution highlights the presence of significant glycemic risk in the community and emphasizes the need for continued screening and controlling for prevention and maintenance of diabetes. The programme was coordinated by Ms. Shahla K and Ms. Lasna A, Assistant Professor (Adhoc), PG Department of Home Science, and student coordinator Ms. Fathima Dilraz K.C., 3rd Semester MSc Home Science (Nutrition & Dietetics). Students from the MS c Home Science programme actively assisted in blood glucose testing, data recording, and nutrition counselling.



The Role of a Dietitian in Maintaining Health and Wellness

The PG Department of Home Science organized the Alumni Talk Series (2025-26) - Session 3 on the topic "The Role of a Dietitian in Maintaining Health and Wellness" on 25th November 2025 at 11:40 am in Aryabhata Hall. The aim of the programme was to strengthen the connection between students and alumni, providing a platform for academic interaction, professional guidance, and real-world insights. The objectives included enhancing students' understanding of the dietetics profession, creating awareness about the responsibilities of dietitians, and motivating students through alumni success stories. The session started with a welcome address delivered by Ms. Bushaira. V, Assistant Professor (Adhoc), PG Department of Home Science, who also highlighted the significance of the Alumni Talk Series in bridging students with alumni professionals. The resource person for the session was Ms. Noufiya Thasni. CP, Consultant Dietitian at Gracelynn Dietitian Service and alumna of BSc FCS (2017-20) and MSc Home Science - Nutrition & Dietetics (2023-25). She delivered an informative presentation on the role and duties of a dietitian, professional ethics, and effective client interaction. She also shared her journey from being a student to becoming a dietitian, which greatly motivated the students. After the talk, students actively interacted in the discussion session and addressed their queries. A total of 63 students from III and VI Sem BSc FCS and III Sem MSc Home Science - Nutrition & Dietetics participated. The Manager, Er. O. Abdul Ali, along with faculty members of the department, also attended the programme. The session concluded with a vote of thanks by the faculty coordinator, Lt. Loosiya. KP, Assistant Professor (Adhoc), PG Department of Home Science. The programme was anchored by the student coordinator, Ms. Fathima Rasha. K, VI Semester BSc FCS. The outcome of the session was highly positive, as students gained a better understanding of career opportunities in dietetics, developed awareness about professional responsibilities, and felt inspired by the alumna's experiences.



A Talk on Financial Literacy

The PG Department of Home Science, in association with the Home Science Club, organized an Association Programme titled "A Talk on Financial Literacy" on 27th November 2025 at 2:50 PM in Room B105. The session was led by Mrs. Farseena Jabeen K, Assistant Professor (Adhoc), Department of Commerce. The programme aimed to provide students with essential knowledge on financial literacy, including understanding budgeting, saving, smart spending, managing expenses, and the importance of financial planning for personal stability. The session highlighted the value of developing financial responsibility among students and emphasized practical strategies for managing money effectively. The resource person explained the concepts using relatable examples and encouraged students to adopt mindful financial habits. The programme was coordinated by Mrs. Farsana Shirin K (Assistant Professor, Adhoc, Department of Home Science) and student coordinator Ms. Shana A K (4th Sem B.Sc FCS). Their efforts contributed to the smooth and successful conduct of the session. The event witnessed active participation from students, who engaged in the discussion and shared their perspectives. The talk helped enhance their awareness of managing finances wisely and preparing for future financial independence.



'Pothichoru' - A Community Care Initiative

The PG Department of Home Science has been implementing 'Pothichoru', a Community Care Initiative, since 2017. This programme is a student-led humanitarian effort aimed at extending support to families experiencing financial hardship. The aim of the initiative is to cultivate social responsibility among students while providing meaningful assistance to needy households in the community. The objectives of Pothichoru include mobilising small individual contributions from students, identifying economically backward families, and supplying them with essential food items. As part of this initiative, a minimum of Rs.20 was collected from each student. Using the funds, the department identified a deserving family and purchased essential supplies such as cereals, pulses, vegetables, fruits and other food items. For the month of November, the Pothichoru distribution was carried out on 5th December 2025, and the provisions were handed over to a family residing at Kuruniyenkil, Narukara. All UG and PG students, along with the faculty members of the department, actively participated in this meaningful outreach activity. The Convenor of the programme was Dr. NV. Fatimathu Zuhara, Assistant Professor and Head, PG Department of Home Science. Lt. Loosiya KP, Assistant Professor (Adhoc) and Ms. Shifana Sharin. MP, VI Semester BSc FCS, served as the faculty and student coordinators respectively. The outcome of the initiative highlights the department's commitment to community welfare and the students' growing sense of empathy, teamwork and service, demonstrating how small acts of kindness can create a positive impact in society.



» Women Cell

Know Your Rights: Legal Awareness Seminar

The "Know Your Rights" legal awareness seminar, organized by the KSWDC Women Cell on 24 November 2025, was a comprehensive initiative to empower women students with knowledge of their constitutional rights, legal protections, and access to justice mechanisms. Inaugurated by K. Sanil Kumar, District and Sessions Judge and Honourable Chairman of the District Legal Services Authority, Malappuram, the programme featured Adv. Nazia, Chief Legal Aid Defence Counsel, as keynote speaker. Coordinated by Ms. Suhada K.M. and student coordinator Nooriya Rahma I.T., the seminar combined formal presentations on women's rights, family law, property protections, and employment safeguards with interactive dialogue between legal professionals and student participants. The collaboration between KAHM Unity Women's College, DLSA, and TLSC, Eranad, demonstrated institutional commitment to legal literacy and women's empowerment, directly connecting students with accessible legal aid services and judicial authority representatives. The programme successfully created awareness among women students regarding their fundamental rights, legal remedies available under domestic violence protection acts, inheritance and property laws, and mechanisms for seeking legal assistance through the state legal aid system. Felicitations were extended by institutional leadership, including Er. O. Abdul Ali (Manager) and Hana Fathima (Women Cell President), recognizing the significance of legal education for women's empowerment. Through this initiative, the institution reinforced its commitment to holistic student development and social responsibility, demonstrating how educational institutions can serve as bridges connecting students with formal justice systems and empowering women with knowledge to protect their rights and navigate legal processes confidently.



ED Club

Unlocking creativity: Tools for Idea Generation

The ED Club, in collaboration with YIP club, conducted a session titled "Unlocking creativity: Tools for Idea Generation" on 13th November 2025. The purpose of the program was to familiarize the students with the concept of ideation, highlight the importance of creative thinking in innovation and guide them in identifying and analyzing real life problems. Dr. Bajeel, Assistant professor of Mathematics was the resource person. The program was co-ordinated by Ms. Fathima Shajitha and Ms. Sidrathul Munthagha.



YIP Club

Innovation through Young Innovators

YIP Club, in association with ED Club, organized an orientation session titled "Innovation through Young Innovators" on 12th November 2025. The program was designed to create awareness about YIP 8.0, an initiative aimed at encouraging young minds to ideate, innovate, and contribute solutions to real-life challenges. The session also aimed to guide students on the registration process for idea submission. The session was led by Ms. Fiza Fathima, District Intern, Malappuram for YIP. The program was co-ordinated by Ms. Fathima Shajitha (faculty Co-ordinator) and Ms. Sidrathul Munthagha (student Co-ordinator)



NSS

Drug Free Kerala Campaign

The NSS Units 008 & 171 of K.A.H.M. Unity Women's College, Manjeri, organized the Drug Free Kerala Campaign on 18 November 2025 at the AC Seminar Hall, in association with the Brahma Kumaris Spiritual Movement under Nasha Mukt Bharat Abhiyaan and Mission SPANDAN. The programme commenced at 10:30 AM with a welcome address by Dr. Haris U, NSS Programme Officer, and was inaugurated by the Principal, Prof. (Dr.) Muhammad Basheer Ummathur. The keynote session by Bro. Sree Ram highlighted the harmful effects of drug abuse on youth and its impact on families and society, followed by an insightful talk by Sis. Sayoojya on emotional balance and mental strength in making healthy life choices. A guided meditation session by Bro. Gireesh created a calm and focused atmosphere among the participants, enriching the overall learning experience.

The programme effectively enhanced students' understanding of the social, physical, and emotional consequences of drug abuse and emphasized the importance of emotional well-being in prevention. Active participation during discussions reflected the volunteers' awareness and sense of responsibility in promoting a drug-free environment. Many students expressed their commitment to spreading awareness within the campus and the wider community. The campaign concluded with a vote of thanks by Dr. Faseela P, NSS Programme Officer, marking the event as a meaningful step towards empowering youth to say No to Drugs and Yes to Life.



Special Intensive Revision (SIR) Form and BLO Assistance

The NSS Units the ollege organized an Orientation on Special Intensive Revision (SIR) Form Filling and BLO Assistance on 19 November 2025 at the AC Seminar Hall. Around 100 NSS volunteers participated in the programme, which aimed to familiarize them with the SIR process and prepare them to support Booth Level Officers (BLOs) in their official duties. The session was led by Village Assistant Mr. Saleem, who clearly explained the purpose and importance of the SIR form and demonstrated the BLO application, highlighting how volunteers can assist in uploading accurate information. Ms. Thanuja, Village Officer, also graced the programme and motivated the volunteers to actively contribute to this important government initiative.

Mr. Ajmal provided a detailed demonstration on the correct method of filling the SIR forms and uploading them on the official portal, ensuring clarity in each step. Mr. Muhammed Ali Kanniyan played a key role as an intermediary by coordinating the session, raising relevant questions, and simplifying the process for better understanding. The Programme Officers, Dr. Haris U and Dr. Faseela P, along with the four NSS secretaries, guided and supported the volunteers throughout the orientation. The programme successfully enhanced the volunteers' confidence and readiness to effectively assist BLOs in the SIR form filling and uploading process, thereby strengthening their role in civic engagement and public service.



NSS Volunteers and BLOs Working Together for SIR Uploading

The Units actively participated in field duties related to the Special Intensive Revision (SIR) programme from 20 to 28 November 2025. A total of 100 NSS volunteers worked with full dedication, supporting the Booth Level Officers (BLOs) in data collection, SIR form filling, and uploading the required details on the official portal. The volunteers were systematically allotted to different BLOs based on field requirements and rendered service in areas such as Veemboor, Pattarkulam, Village Office Nerukara, Karuvambram, Pottammal, Kidangazhi, Pulloor, Chettiyagadi, Cherani, and nearby localities, ensuring smooth and accurate completion of responsibilities. Throughout the programme, the volunteers received continuous guidance and clear instructions from the Programme Officers, Dr. Haris U and Dr. Faseela P, along with the NSS secretaries, which helped in maintaining proper coordination and efficiency. The BLOs provided patient guidance and treated the volunteers with care and encouragement, creating a positive working environment. This hands-on experience not only strengthened the volunteers' understanding of civic responsibility but also enhanced their confidence, teamwork, and commitment to public service.





150 Years of Vande Matharam - Quiz Competition

As part of the commemoration of 150 years of Vande Mataram, the iconic patriotic song composed by Bankim Chandra Chattopadhyay that played a pivotal role in inspiring India's freedom struggle, the NCC Army Wing of KAHM Unity Women's College, Manjeri, organized a Quiz Competition for NCC cadets on 7th November 2025 at Vidyarthi Bhavan.

The aim of the programme was to inculcate patriotism and national pride among NCC cadets by enhancing their awareness of India's freedom movement and national heritage. The objectives were to familiarize cadets with the historical significance of Vande Mataram, to reinforce knowledge about national leaders and key events of the freedom struggle, and to promote healthy competition and teamwork. A total of 14 NCC cadets actively participated in the competition. The quiz comprised questions related to the freedom movement, eminent national leaders, and the historical and cultural importance of Vande Mataram. CDT Ayshathul Isha. P (I Sem BSc CS) bagged the first prize, CDT Avani Kishor (I Sem BA English) secured the second prize, and CDT Fiza Rafiq T (I Sem BSc Chemistry) won the third prize. The event effectively enhanced the cadets' historical awareness and strengthened their sense of patriotism, making the programme both informative and inspiring.



Dialysis Kit Packing

As part of the Hastham Palliative Care Project by Manjeri Municipality, five NCC cadets of KAHM Unity Women's College, Manjeri actively participated in the dialysis kit packing held at the Hastham Office, Manjeri Municipality, on 18th November 2025. The aim of the program was to support the palliative care initiative by preparing dialysis kits for patients in need and to instil in cadets a sense of social responsibility, empathy and community service. The objective of the programme was to create awareness among cadets about palliative care services and to encourage active student involvement in community-based healthcare support. Mr. Shafeeq, Counsellor from Government Medical College, delivered a brief explanation about the project and its significance in patient care.

The event was coordinated by Lt. Loosiya KP, Associate NCC Officer, with L/CPL Asna Rajiya AM (II Sem BA History) serving as the student coordinator for the kit-packing activity. The participating cadets were CDT Amna PK (II Sem BSc Botany), CDT Sajla P. (II Sem BSc Computer Science), CDT Arsha Thasni. T (II Sem BSc Computer Science), and CDT Lubila Sida. K (II Sem B. Com CA). The outcome of the program was the successful preparation of dialysis kits for distribution to patients, along with enhancing awareness among cadets about the importance of supporting healthcare and palliative care services within the community.



‘Udaan’ – NCC Day Celebration

The NCC Army Wing of KAHM Unity Women’s College, Manjeri, under the 9 (K) Girls Battalion NCC Calicut, observed ‘Udaan’ – NCC Day Celebrations on 20 November 2025. As part of the celebration, NCC cadets performed a cultural programme at 2:50 pm in the CH Auditorium to showcase their talents and promote teamwork, unity, and patriotism.

The cultural programme featured classical dance, karate, mime, skit and group dance with an introduction by UO Rushda P (6th Sem BSc Mathematics). The Principal, Manager, teaching and non-teaching staffs and students attended the event. Each performance reflected the creativity and discipline of the cadets. The programme concluded with the NCC Song followed by the National Anthem. The event was coordinated by Lt. Loosiya KP, Associate NCC Officer, along with CPL Rameesa MK (6th Sem BCom CA).



Visit to Salva Care Home for Senior Citizens

As part of the ‘Udaan’- NCC Day celebrations, the NCC Army Wing of KAHM Unity Women’s College, Manjeri, visited Salva Care Home for Senior Citizens in Moorippadam, Pandikkad, on 21st November 2025. The visit aimed to bring smiles and companionship to the residents while fostering community service, empathy, and understanding among the cadets. During the programme, the welfare officers introduced the cadets to the care home’s vision, mission and history. Lt. Loosiya KP, Associate NCC Officer, extended a warm welcome to the inmates. The cadets performed songs, dances, storytelling, and games, actively engaging with the residents and adding joy to the occasion. The inmates also participated enthusiastically by singing songs, sharing stories, and joining in the games, making the interaction even more lively and meaningful. The cadets sponsored evening tea and snacks and visited bedridden patients, offering them comfort and care. The event was coordinated by senior cadets, UO Rushda P (6th Sem BSc Mathematics) and UO Shahana MP, 6th Sem BSc FCS. Overall, the visit was a heartwarming experience that strengthened the cadets’ sense of social responsibility and community involvement.



“Duty Begins Here” - A Short Film by NCC Cadets

As part of the 78th NCC Day Celebrations, a short film titled “Duty Begins Here” was created by the NCC Cadets. The film was conceptualized by L/CPL Sreeneha M., with CDT Sandra V. playing the lead role. The story depicts the inspiring journey of a first-year college student who dreams of joining the Indian Army. Though initially demotivated by a teacher, she finds direction after joining the NCC, works with determination, clears the SSB interview, and becomes an Army Officer. She later returns to her college in uniform, earning appreciation for her perseverance and success. The film featured performances by NCC Cadets, teachers, and NCC Officer Lt. Loosiya K.P. The aim of the short film was to motivate students to pursue their goals with discipline and commitment. It also aimed to highlight the role of NCC in personality development and to create awareness about career opportunities in the Indian Armed Forces. The outcome of the initiative was a positive impact on students, instilling confidence, patriotism, and motivation to overcome challenges through hard work and dedication.



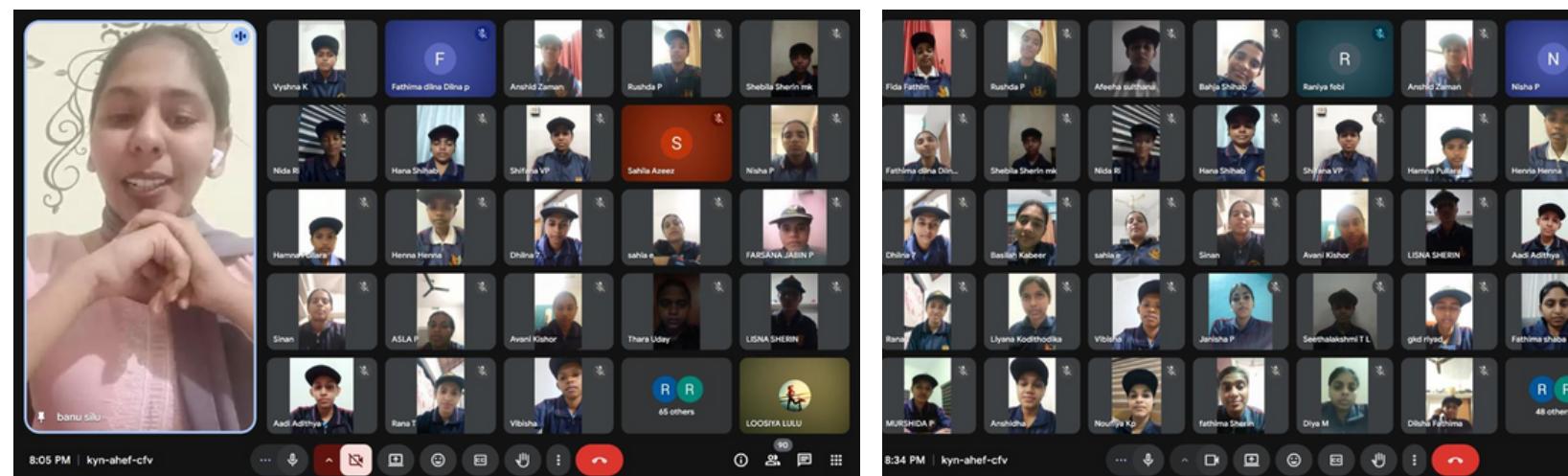
Awareness Rally and Preamble Reading Pledge

As part of the Indian Constitution Day observation, the NCC Army Wing of KAHM Unity Women's College, Manjeri, under 9 (K) Girls Battalion NCC, Calicut, conducted an Awareness Rally and Preamble Reading Pledge on 28th November 2025 at the college premises. The aim of the programme was to promote constitutional values among cadets and encourage their active participation in nation-building activities. The objective was to create awareness on the significance of the Constitution, strengthen civic responsibility, and inspire students to uphold democratic principles. The programme was welcomed by Lt. Loosiya KP, Associate NCC Officer, who highlighted the relevance of Constitution Day and briefly explained its historical and contemporary significance. The programme was inaugurated by Prof. (Dr.) Muhammed Basheer Ummathur, Principal, who addressed the cadets with an inspiring message on the history of the Constitution, the leaders behind its framing, the rights and laws that protect citizens, and the need for the younger generation to understand and value the Constitution. Following his address, the Principal read the Preamble, and the cadets took the pledge by reading along. The cadets then carried out an awareness rally within the campus, raising slogans to spread the message of constitutional values. Manager Er. O. Abdul Ali and Hav. Sonu, PI Staff, 9 Kerala Girls BN NCC, also participated in the programme. A total of 101 cadets actively took part in the programme. Cadets also participated in the Preamble Reading Pledge Initiated by the Ministry of Parliamentary Affairs, Government of India, through the MyGov platform and received certificates. The vote of thanks was delivered by UO Rushda P, 6th Sem BSc Mathematics. The programme concluded with the NCC Song followed by the National Anthem.



Talk on “Overview of the Indian Constitution”

As part of the Indian Constitution Day observation, the NCC Army Wing of KAHM Unity Women's College, Manjeri, under 9 (K) Girls Battalion NCC, Calicut, conducted an online talk on “Overview of the Indian Constitution” on 28th November 2025 at 8:00 pm through Google Meet. The aim of the programme was to enhance constitutional awareness among cadets and to help them understand the core values, structure, and significance of the Indian Constitution. The objective was to provide a clear understanding of the Constitution's evolution, sources, features, and citizens' rights and duties. The session was welcomed by Lt. Loosiya KP, Associate NCC Officer, who highlighted the importance of observing Constitution Day. The resource person, Ms. Shahabas Banu CK, Ex-NCC Cadet and Alumna of BA History (2018–21 Batch), delivered a detailed presentation on the evolution of the Indian Constitution, the Constituent Assembly and its drafting process, various sources of the Constitution, the Preamble, special features, fundamental rights, lapse of paramountcy, and the federal and unitary characteristics of the Indian Union. She also shared her journey and experiences as an NCC Cadet. After the talk, participants interacted actively and clarified their doubts. The programme was well coordinated by Student Coordinator UO Rushda P, 6th Sem BSc Mathematics. The session concluded with a vote of thanks delivered by L/CPL Sreeneha M, 4th Sem BSc Mathematics and a total of 90 cadets participated. The outcome of the programme was enhanced understanding of constitutional concepts, increased awareness of rights and duties, and strengthened commitment to constitutional values.





Teachers' Credentials

- **Ms. Haseena Jasmine C K**, Assistant Professor of Commerce has attended the One Day IIC Regional Meet hosted by Rajagiri School of Engineering and Technology, Kochi on 28th November 2025.



- **Ms. Fathima Shajitha TK**, Associate Professor of Commerce served as subject expert of screening cum evaluation committee for promotion of faculties at MES KVM COLLEGE, Valanchery on 07.11.2025 and at Anvarul Islam Arabic College, Kuniyil on 04.11.2025.
- **Dr. Shamsheera K O** served as a jury member for the Rare Gems Contest 2025 organized by Mathrubhumi and IREL (India) Ltd., held on 15 November 2025 at St. Gemma's Girls HSS, Malappuram.



- **Dr. Jyothi P**, Associate Professor, Department of Chemistry attended the promotion committee meeting as subject expert for the promotion of Ms. Shameera P, Assistant Professor, Department of Chemistry, MAMO College, Mukkam, Kozhikode on 19/11/2025.

- **Dr. Jasna V C** served as a jury member for the Rare Gems Contest 2025 organized by Mathrubhumi and IREL (India) Ltd., held on 15 November 2025 at St. Gemma's Girls HSS, Malappuram.



- **Dr. Jamsheena V** served as a jury member for the Rare Gems Contest 2025 organized by Mathrubhumi and IREL (India) Ltd., held on 15 November 2025 at St. Gemma's Girls HSS, Malappuram.



- **Dr. Aswathi M. P.** of the Department of English has been approved as a research guide in the Department of English which was recognised as a research centre by the University of Calicut

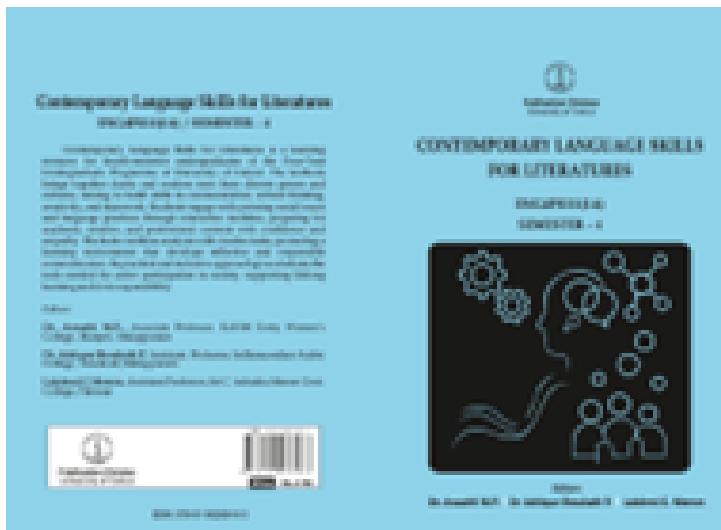
CONGRATULATIONS



Dr. Aswathi M.P.
Associate Professor
Department of English

Approved as
RESEARCH GUIDE

- **Mr. Sidhique P**, Assistant Professor, Department of English, has published an article titled “Post-Nature Narratives: Fiction in the Age of the Anthropocene” in a Web of Science-listed journal titled as “The Bioscan” with ISSN: 0973-7049 .
- **Dr. Aswathi M. P**, Associate Professor of English at KAHM Unity Women’s College, Manjeri, edited the textbook ‘Contemporary Language Skills for Literatures’ (ISBN: 819926648-1, 2025), for the fourth semester Skill Enhancement Programme (SEC) published by the Publication Division, University of Calicut, based on the FYUGP syllabus of the University.



- **Ms. M.K. Vineetha** of the PG and research department of English presented a paper entitled 'Developing Intercultural Competence in Gen Z: Prospects and Challenges' at the 19th International and 55th annual conference of Eltai held at Bangalore from 11-15 th November, hosted by Christ University, Bangalore.



- **Lt. Loosiya KP**, Assistant Professor (Adhoc), PG Department of Home Science, served as the Resource Person for the Association Programme of the PG and Research Department of English held on 13th November 2025 at 2:50 pm at Vaikom Muhammed Basheer Hall. She delivered a session on the topic “Nourish Your Body, Nourish Your Life.”

- **Ms Ayisha Zidha** of the PG and Research Department of English, presented a paper entitled ‘Digital Bodies, Distorted Selves: Social Media, Size Zero Ideals and the Psychology of Female Body Image’ in the Two-Day National Seminar on “Intermediality: Literature, Media and Culture in Conversation” held at Farook College (Autonomous) on 4th and 5th December, 2025.



- **Ms. Bushaira V and Ms. Shahla Karuthedath**, Assistant Professors (Adhoc), Department of Home Science participated in the Five-Day Online International Faculty Development Programme (FDP) on “Global Trends and Next-Gen Innovations in Food Processing: AI, Packaging, Preservation and Entrepreneurial Pathways,” organized by the Department of Food Technology, Nehru Institute of Technology, Coimbatore, from 3rd to 7th November 2025.



- **Dr. K. Fousi**, Associate Professor of Zoology participated in the College Excellence Conclave organized by Centre for Excellence in Education (CEE) of Centre for Information and Guidance India held on 1 st November 2025 at Kozhikode.



- **Dr. Shahina Mol A.K**, Associate Professor & Head, Department of English, KAHM Unity Women's College, Manjeri, attended Sunniyya Arabic College, Chennamangallur, on Thursday, 20 November 2025, as an Invited Resource Person and delivered an invited lecture on the theme: "AI-Integrated Pedagogy: Rethinking Teaching and Learning in Modern Higher Education."

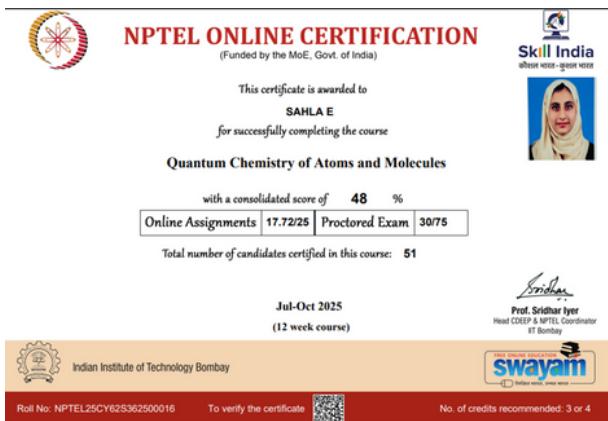


- **Ms. Shifna Jahan** of Third Semester MA English delivered a lecture on "Waves of Feminism" in a near peer teaching session for Third Semester Undergraduate students of PG and Research Department of English as a part of the deliberations on 'Gender Perspectives in Literature' on 2nd December 2025 at 2.40 pm.



»»» Students' Achievements

- **Ms. Sahla K** of fourth semester B.Sc. Chemistry student completed a 12-week online certification course on "Quantum Chemistry of Atoms and Molecules" with a consolidated score of 48% through the NPTEL-SWAYAM platform.



- **Asma Afeefa P** (M.Sc. Chemistry, 2018–20 batch) qualified KTET conducted in June 2025.
- **Jabin Shabani** (M.Sc. Chemistry, 2023–25 batch) has been selected for PhD at NIT Calicut.
- **CDT Asifah P**, Second Year B.Com Co-operation has been selected for All India Trekking Camp held at Kolhapur, Maharashtra from 25th Nov. to 5th December 2025.

- The students of III Semester M.Sc. Home Science (Nutrition & Dietetics) and VI Semester B.Sc. Family and Community Science participated in the Workshop on Academic Writing, conducted online through Google Meet on 26 November 2025 organized by the Government College for Women, Thiruvananthapuram, in association with the Lab for Learning & Life Skills as part of the Certificate Course in Academic Writing and Research, the session aimed to strengthen students' understanding of systematic academic writing practices.

